



What is nPEP?

- nPEP stands for non-employee post HIV exposure prophylaxis
- A series of antiretroviral medications that are given after exposure to prevent becoming infected with HIV
- Must be started within 72 hours after recent exposure to HIV
- The medications are taken once or twice daily for 28 days

PURPOSE

- Identify where nPEP is offered at local emergency rooms for individuals who are seeking nPEP after normal business hours or do not have a medical provider
- The assessment was undertaken in August 2016 based on conversations at the Los Angeles County PrEP and PEP Workgroup

PROCESS

- Building on a previous survey of nPEP availability and emergency rooms conducted by UCLA in 2007, a 9-item questionnaire was developed
- A list of hospital emergency facilities in Los Angeles County was developed
- Each facility that was identified was visited in person to complete the questionnaire

COMMENTS MADE

- "Can't you look this up online?"
- "I would never recommend this medication, it's too dangerous"
- "We can test you"
- "That's a good question, I don't know"
- "If the patient does not have insurance, they will be signed up for a temporary Medi-Cal for 30 days in order to cover the visit and medication"
- "Our hospital has a PEP order, which consists of the different medications that are needed as well as the blood tests that need to be done"

OVERALL SUMMARY

- The majority of staff encountered did not know what nPEP was.
- A number of nurses shared their concerns about prescribing this medication based on personal opinion and beliefs.
- Several emergency rooms indicated that patients who don't have insurance would be signed up for temporary Medi-Cal
- The majority of staff at facilities visited were not aware of their hospital's protocol for prescribing nPEP
- Out of the 17 hospitals visited, only 6 appear to be currently viable referral sites for nPEP
